

# Yakutat Department of Public Safety

Incident Command Covid-19 P.O. Box 110 609 Forest Highway 10 Yakutat, Alaska 99689 Phone: (907) 784-3206 Fax: (907) 784-3523

## Yakutat Community Health Center (YCHC)

**Covid-19 Positive & Direct Contacts People** 

## Definitions/Requirements provided by the CDC and DHSS

#### **Isolation** ---

Isolation is for the person who is Covid-19 positive/ill, - stay clear of other household members to contain in the household- do not leave isolation spot (Ex: Bedroom,) unless for necessity and does not leave home.

#### Quarantine---

Quarantine is for people who have been determined as direct contacts; means to stay away from the public and people outside of the household, they can still leave house with household members to be outdoors but cannot interact with others outside the household and do not go to public places.

#### Direct Contact---

A person who has come into or has been in contact with someone who has tested positive, within 6ft and closer for 15 minutes or longer without a mask on.

#### Secondary Contacts---

At this time there are no definitions of "secondary contacts" (contacts of a contact) - HOWEVER, that does not mean that you should be going outside of your IMMEDIATE circle and not hunkering down.

The YCHC & Yakutat IC asks that we stay vigilant in Maintaining Social Distancing, Wearing Your Masks, Washing Your Hands Frequently & Sanitizing and Wiping all High Touch Sur faces.

YCHC would like to remind the Community fall is upon us which means the FLU SEASON is here. The flu can cause similar symptoms as COVID-19. YCHC will make an announcement when we have Flu vaccines available.

John Waldron Incident Command

# FOOD FOR THOUGHT

## IF YOU CANNOT LIST ALL THE PEOPLE YOU HAVE HAD

## **CONTACT WITH WITHIN THE LAST WEEK YOUR**

PERSONAL BUBBLE IS TOO LARGE FOR COVID-19.

Dr. Zink, State of Alaska HSS