# <u>CITY OF YAKUTAT LOCAL / NON-LOCALRESIDENTS</u> <u>STATE MANDATE / STAY AT HOME MEANS:</u>

- NO You can't go to a friends or close family member's house to visit or for a party with people(Beach) that do not live in the same household. (6' distance everyone)
- NO You can't go to the local stores just to browse. (ONE HOUSEHOLD MEMBER TO ENTER STORE WEEKLY/PLACE ORDERS DELIVERY PREFERED)
- NO You can't go to your parent's house. (If you do visit stay outside and keep 6 foot distance, drop food or other items at door them move back)
- NO Your teenagers can't be gathering together and hanging together. (Household Members only)
- NO You can't be driving around together with friends, members, or other family that do not live in the same household.
- NO Your pre-teenaged children can't hang out with their friends at someone's home.
- NO Your young children can't have play dates or visitors gathering at someone's home.
- NO Individuals should not be driving around with friends or coworkers just to do something.
- NO You should not be going to the stores just to get coffees or drinks (Phone in orders before going and pick up)
- NO YOU CAN'T SEE THIS VIRUS OR KNOW YOUR INFECTED UNLESS TESTED. Symptoms typically start to show in 0-5 days and are normally more noticable in people over 30. Under 30 years of age are more typically symptoms like the common cold. If you're infected by Covid-19 virus you're passing the virus to others friends and family before the symptom show infecting Mom's, Dad's, Grandmas, Grandpas, Aunts, Uncles and exposing your friends families member who are older and less likely to survive.
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## IF YOU DO NOT UNDERSTAND THE ABOVE GUIDELINES JUST REMEMBER THIS: YOUR BEHAVIOR COULD LEAD TO THE ILLNESS OR DEATH OF A LOVED ONE.

### YES IT SUCKS – YES IT SAD – YES IT IS SCARY, --YES IT IS SOMETIMES BORING

### BUT:..YOU NEED TO GET THIS..YOU NEED TO UNDERSTAND THIS..THE COVID VIRUS-19 KILLS

# **Coronavirus COVID-19**

## What you can do to help slow the spread

Given the increasing concern for new cases of COVID-19 being transmitted via community spread within the state, Governor Dunleavy and the State of Alaska have issued a Social Distancing mandate that went into effect March 28, 2020 at 5:00 pm. This mandate was issued to protect the public health of Alaskans and mitigate the impact of COVID-19. The purpose of this mandate is to restrict the movement of individuals within the State of Alaska in order to prevent, slow, and otherwise disrupt the spread of the virus that causes COVID-19.

It is imperative that all Alaskans, Visitors to Alaska, Critical Infrastructure and Essential Businesses cooperate with all CDC guidelines and Alaska health alerts and mandates to help prevent and slow the spread of the Coronavirus COVID-19).

#### What does this mean?

- Everyone must stay home except to get food, care for a relative or friend, get necessary health care, or go to an essential job.
- Do not gather with others. No visitors or meeting up with friends. Bars, nightclubs, and gyms are closed.
- It is OK to go outside for walks if you are not in a group.
- If you are an older adult or have a serious chronic medical condition, you are especially vulnerable and must stay home.
- Essential local government functions will continue, including first responders and law enforcement.

#### STAY INFORMED at www.yakutatak.us

#### What should I do?

- Check in with family and friends by phone and email, especially older adults or those with health conditions.
- You will continue to be able to purchase food, medicine, or personal necessities from grocery stores, pharmacies, gas stations, and hardware stores.
- You may provide care or help with getting supplies for loved ones. Don't provide care or pick up supplies if you are sick.
- If you are feeling sick, please call your doctor, a nurse hotline, or an urgent care center. Do not go to the emergency room of a hospital unless you are having an actual emergency.

Common COVID-19 symptoms
include:
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• fever
<ul> <li>tiredness</li> </ul>
<ul> <li>dry cough.</li> </ul>
shortness of breath
<ul> <li>aches and pains</li> </ul>
sore throat
People with fever, cough or diffi- culty breathing should call the
health center 784-3275 for medical attention.
EMERGENCIES DIAL 9-1-1

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CITY & BOROUGH of YAKUTAT P.O. Box 160 Yakutat, Alaska 99689 Phone (907) 784-3323 Fax (907) 784-3281

## Social distancing guidelines to still follow



Washhands with soap and waterfor at least 20 seconds



Cover your cough or sneeze



Stayhome if you are sick

Avoid touching your face



Avoid groups (stay at least six feet away from others)
Reduce the time you are around others outside the home, even when at least six feet away

### What you can do - Stores

- Limit your shopping trips
- Go during off-hours to minimize interaction with crowds
- Use pickup or delivery services if possible
- Wipe down the handles on the shopping card or basket
- Wash your hands after shopping (and all the time!)
- Reach out to elders or others to see if you can pick groceries up for them
- Support local restaurants by ordering take-out if possible

#### WE CAN ALL DO OUR PART TO SLOW THE SPREAD OF COVID-19

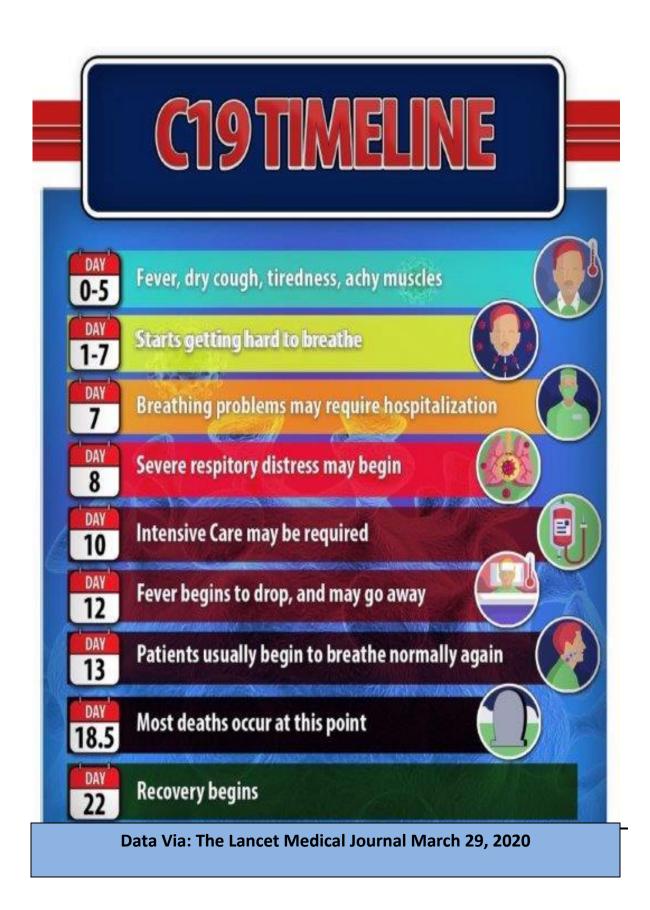


Health Department PLEASE ONLY GO TO THE GROCERY STORE WHEN YOU TRULY NEED TO.

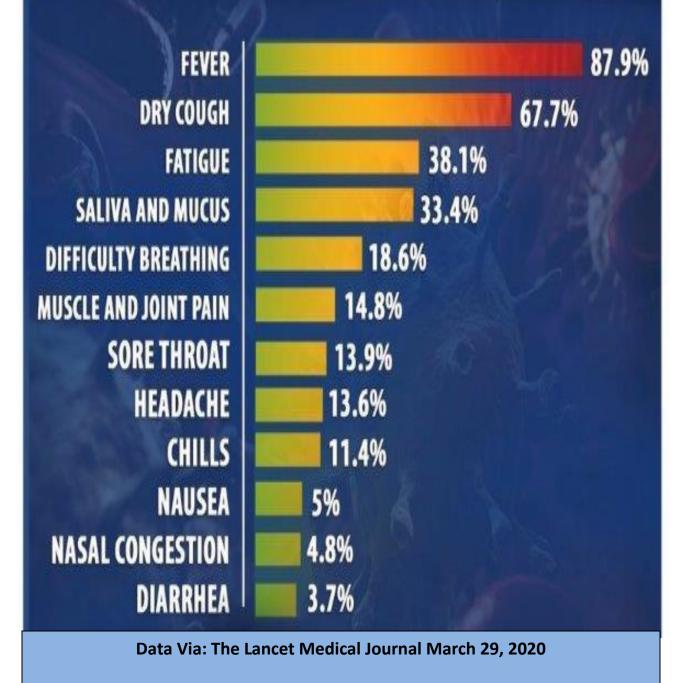
PLAN YOUR TRIP WITH A LIST TO LIMIT YOUR TIME IN THE STORE.

HUNKERDOWNANCHORTOWN WWW.MUNI.ORG/COVID-19

Graphic courtesy of Anchorage Health Department



# C19 SYMPTOMS FREQUENCY CHART



#### **YAKUTAT ESSENTIAL SERVICES**

#### Business/Commerce – Credit Card preferred or Store account if available for take-out and deliveries

Yakutat Hardware (Hardware, Household, Construction, Fishing Supplies): PHONE ORDERS ONLY. No one enters to shop. 784-3203. 10am-5:30pm M-F, 10am-3pm Saturdays.

Mallott's General Store (Groceries, Household and Other Supplies): Store is Open to public and accepting phone orders for delivery. 784-3355, 7 days a week, 7am-8pm.

<u>Alaska Commercial Co.</u> (Groceries, Household and Other Supplies): Store is Open to public and accepting phone orders for delivery. Store also has a designated register to be used for ELDERS only during the first two hours of opening. 784-3386. 7 days a week, 7am-9pm.

Fat Grandma's Bistro & Gift Shop: Closed to the public, pizza available for take out on Friday-call to preorder. 784-3395.

<u>YCC/Glass Door Bar & Liquor Store</u>: Bar closed to public. Liquor Store open with limited hours, max 2 people allowed in the store at a time. 784-3331. Mon & Tues 10am-7pm, Wed thru Sun 10am-10pm. Credit card preferred but cash payment allowed.

<u>Village Coffee Co.</u>: Open to public. Drive thru take out. Sat thru Wed 8am-2pm. Can deliver after 2pm if call in ahead of time. (907) 738-9929

Yakutat Catering (Dinner Specials): Open to public. Take-out or Delivery. Tue, Thu & Fri 5pm-8pm. (907) 410-7693 or 784-3106

Yakutat Seafoods: Closed to public. Fish buying open at the dock. 784-3392. Boats need to call for information on fish delivery procedures.

<u>Alaska Airlines</u>: Yakutat Terminal Open to public. 7 days a week. 8:45am-6:30pm. Cargo 8:45am-10am, 12:30pm-5pm Tue-Sun, 8:45am-10am, 12:30pm-3pm on Mondays. For more information call 1-800-252-7522 or visit <u>www.alaskaair.com</u>

#### Municipality/Government

<u>City & Borough of Yakutat</u>: Closed to public, call for service and information. 784-3323. Landfill remains open to the public Mon-Fri 9am-4pm, Sat & Sun 10am-3pm and closed on holidays.

<u>Yakutat Public Safety</u>: Call to set up appointment for Division of Motor Vehicles. 784-3206. FOR EMERGENCIES CALL 9-1-1.

Yakutat Community Health Center: Limited services, call ahead for availability. 784-3275. FOR HEALTH EMERGENCIES CALL 9-1-1.

ESSENTIAL SERVICES IN YAKUTAT - Continued

Yakutat Tlingit Tribe- Closed to public. Limited staff and availability by phone. 784-3238.

Yakutat School District: - Closed to public. 784-3317.

CCTHITA Head Start: Closed to public. 1-800-344-1432 x.7153 www.ccthita-nsn.gov

US Forest Service: Call ahead to schedule a visit. 784-3359